PadelPriceGuide

New to padel? Start here.

Everything a first-time player needs in one page: what to borrow, what to buy later, and how not to waste money on the wrong racket.

1

Your first six sessions

Borrow or rent. Clubs keep rackets for exactly this reason. You cannot tell what suits you until you can rally.

2

When you are ready to buy

Round shape, 350–365 g, soft or medium core. Control and comfort while you learn, and far kinder to the elbow.

3

What to skip

Heavy diamond rackets used by professionals, and anything bought on the strength of a carbon number alone.

Five things nobody tells beginners

- **The walls are your friend.** Let the ball pass you and play it off the glass.
- **The net wins points.** Get there, together, and stay there.
- **Serve underhand, below the waist**, after one bounce. It is easier than it looks.
- **A padel racket is not a pickleball paddle.** Different ball, different game, not interchangeable.
- **Elbow pain is avoidable.** Lighter and softer beats heavier and stiffer while you learn.

The words you will hear

Bandeja	The controlled overhead that keeps you at the net
Vibora	A sliced, faster version of the bandeja
Bajada	The shot played off the back glass
Chiquita	A soft ball to the opponents' feet
Golden point	Sudden death at deuce

Before you buy anywhere: the same racket can cost $100 more at one US store than another, on the same day. Check what every store charges, shipping included, at **padelpriceguide.com**. We do not sell rackets, and no store pays for its place in the list.

YOUR CLUB'S STAMP OR STICKER HERE

Add your club's QR code or booking link

Clubs are welcome to print this as-is, add a stamp, or ask us for a version with your logo on it: hello@padelpriceguide.com